

Seedlings-Infants Newsletter

January



December Recap

December was full of winter fun, learning, and holiday cheer.

Our little ones learned to sign “Santa Claus,” “Sharing,” and “Help.” We enjoyed winter-themed projects such as building snowmen, singing Christmas songs, and exploring fake snow during sensory play.

Color of the Month: Blue

We shared special moments during our stocking exchange with friends. The children continued building and strengthening their vocabulary through daily interactions and play. We also celebrated Christmas and welcomed the New Year together.



January news

As we begin the month of January, we are looking forward to more winter-themed projects and hands-on learning activities. The children will continue developing fine motor skills by practicing how to grasp items such as tongs and other fun tools.

We will be learning to sign “Mittens,” “Polar Bear,” and “Snow.”


Color of the Month: White

We will also enjoy reading a winter-themed book and exploring sensory play, including a day of playing in dry oatmeal to discover how it feels. The children will continue rolling cars, practicing scooping activities, and learning how to pick up and put toys away.

We are excited for a month full of learning, exploration, and winter fun.

Seedlings-Infants Classroom Lesson Plan

Month: January, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 New Years Day Closed	2 Sign "Mittens"
5 handprint mittens	6 Grasping/ tossing ball	7 Sign "Snow"	8 Pouring water into cup	9 Tong grasping
12 Walk/Crawling in a line	13 White	14 Snow sensory	15 Song: "Twinkle Twinkle Little Star"	16 Melted snow man 
19 Closed for Martin Luther King day	20 Snowball painting	21 Rolling up and folding a mat	22 Picking up blocks and sort them	23 Feel oatmeal
26 Collecting items and hiding them	27 Learn the sign word "Polar bear"	28 Scooping rice	29 Song: Five little snow man	30 Throw the ball